



Many clients like to complement their injectable filler treatments with either Dysport or Botox. These types of injectable treatments can reduce and soften fine lines and wrinkles around the mouth, eyes and on the forehead. Pictured left, Dr. Chet Mays administers Dysport to treat Anna's crow's feet. Pictured above are popular injectable products Restylane and Dysport.

Dr. Mays and the nurse injectors have always made my experience with injectables great, and my results have always been so beautiful. The best part is that a specific treatment plan was tailored just for me. Finding an injector who really takes their time and listens is the most important part of the process in my opinion!

— Anna Tarullo



GLAM PROCEDURE:  
**FILLERS**

**Expert**  
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SIMPLE PROCEDURE YIELDS FAST, BEAUTIFUL RESULTS

**WHAT IT IS** Fillers are injectable gel-like substances that fill in and smooth out areas of the face that have lost their volume (often due to age, but also diet or exercise). Many dermal fillers, such as Restylane and Juvederm, are made of hyaluronic acid (HA), while others, such as Radiesse, are composed of calcium hydroxylapatite (CaHA); both HA and CaHA are naturally-occurring in the body.

**PRE-TREATMENT PREPARATION** The client doesn't need to do anything to prepare for a filler. The staff will cleanse the skin with an antiseptic and use a topical numbing agent prior to the injection(s).

**COST** Typically, one syringe of an HA dermal filler costs \$550. Depending on the degree of volume loss and the number of areas to be treated, one treatment may involve multiple syringes of filler.

**RESULTS** Results for HA fillers are immediate and temporary (lasting six months to one year). Patients who are anxious about fillers should know that they can be dissolved immediately using an enzyme if they are not 100 percent happy with the results. Clients who are experienced with fillers and want a longer-acting product may consider autologous fat

injections (a process in which fat from the client's abdominal area is used to plump low volume areas of the face).

**TIME COMMITMENT** Dermal filler injections typically take 10-30 minutes, but the numbing time prior to injection is approximately 30 minutes.

**POST-TREATMENT CARE** Clients may experience some swelling or bruising after injection. Because the filler is malleable, clients are urged not to push on the area that has received the filler and avoid exercise for a day or so, since an increase in blood pressure can result in more bruising.