

## THERAPEUTIC MASSAGE

### Mother-To-Be Massage ●●

Safe, comforting massage to help with body aches and swelling. 90. 50 min.

Client must be in 2nd trimester.

### Signature Massage ●●

The perfect massage to ease away stress and muscle tension. 90. 50 min. / 130. 80 min.

### Deep Tissue Massage ●●

Eliminates stress and relieves aching muscles.

100. 50 min. / 140. 80 min.

### Himalayan Salt Stone Massage ●●

Replenish and nourish you skin and body with 84 minerals while lightly exfoliating the skin. 100. 50 min. / 140. 80 min.

### Targeted Massage ●●

Delivering area specific massage to alleviate muscle pain, headaches, and numbness. Increase circulation and range of motion. 100. 50 min.

### Boca Lymphatic Massage ●●

Delivering area specific massage to alleviate muscle pain, headaches, and numbness. Increase circulation and range of motion. 125. 50 min.

### Hollywood Lymphatic Massage ●●

Increase circulation, remove toxins, reduce bruising and swelling. Also great for alleviating sinusitis, headaches, anxiety, sleep disorders and more.

125. 50 min. Body Only

175. 80 min. Body, Head, Face, Neck

### Cupping ●●

Improve the flow of energy. Experience relief from a range of conditions, including muscle tension, back pain, stress, and anxiety. 120. 50 min.